

Ethnomedical Information on Iporuru (*Alchornea castaneifolia*)

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Bark Canada	Used for rheumatism, arthritis and muscle pains. Anti-inflammatory.	ETOH Ext Oral	Human Adult	BJ1005
Bark Peru	Used to treat rheumatism, arthritis, colds and muscle pains.	Tincture Oral	Human Adult	L04137
Bark Peru	Used for diarrhea.	Tincture Oral	Human Adult	L04137
Bark Peru	Used as an hallucinogen. Added to the ayahuasca (<i>Banisteriopsis-psychotric</i>) beverage.	Decoction Oral	Human Adult	M05165
Bark Peru	Used for diarrhea.	Decoction Oral	Human Adult	ZZ1005
Bark Peru	Used to relieve the symptoms of osteoarthritis and improve flexibility in movement and range of motion.	Not Stated	Human Adult	BJ1005
Bark Peru	Used for osteoarthritis.	Not Stated	Human Adult	ZZ1014
Bark + Root Peru	Used for rheumatism.	Not Stated	Human Adult	ZZ1045
Leaf Peru	Used for cough and rheumatism.	Decoction Oral	Human Adult	L04137 ZZ1027
Leaf Peru	Used to treat sterile women.	Not Stated	Human Female	ZZ1027
Leaf Peru	Used for painful joints.	Cataplasm External	Human Adult	ZZ1005
Leaf Peru	Used for arthritis, osteoarthritis, rheumatism and muscle pain. Considered antibacterial, an aphrodisiac and used in male geriatric treatment.	Not Stated	Human Adult	BJ1002
Leaf Stated Peru	Used to treat impotency and to reduce sugar in the blood and urine in diabetics.	Infusion Oral	Human Adult	BJ1017
Not Stated Peru	Used for hallucinogenic effect during shamanic training.	Decoction Oral	Human Adult	T08133
Not Stated Peru	Used as an aphrodisiac and for geriatric males.	Not Stated	Human Male	ZZ1041
Not Stated Peru	Used for soothing aching joints and improving flexibility, movement and range of motion. Used for recovery after battle and hard work.	Not Stated	Human Adult	BJ1004

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Not Stated Peru	Used to relieve the symptoms of osteoarthritis. Helps to increase flexibility in movement and range of motion.	Not Stated	Human Adult	ZZ1015
Not Stated Peru	Used to relieve the symptoms of osteoarthritis.	Not Stated	Human Adult	ZZ1016
Not Stated USA	Used to support muscle and joint structure in athletes.	ETOH Ext Oral	Human Adult	ZZ1067
Not Stated USA	Considered analgesic, hypnotic, anesthetic, anti-histamine, bactericide, purgative, anodyne, anti-inflammatory, antimicrobial, laxative and anti-arthritis.	Not Stated	Human Adult	BJ1003
Not Stated USA	Used by athletes for its ability to support muscle and joint structure.	Not Stated	Human Adult	BJ1004
Not Stated Venezuela	Used for wounds inflicted by the sting ray.	Cataplasm External	Human Adult	ZZ1005

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