

Ethnomedical Information on Ubos (*Spondias mombin*)

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Bark - Africa	Bark and/or leaves used for coughs, fever, constipation, yaws, gonorrhea, tapeworm, stomach problems, and as a childbirth aid.	Infusion / Oral	Human Adult	W01316
Bark - Bolivia	Used for wounds and injuries.	Poultice / External	Human Adult	ZZ2007
Bark - Brazil	Used for malaria.	Infusion / Oral	Human Adult	L15570
Bark - Brazil	Used for malaria, fever, diarrhea, and vaginal infections.	Not stated	Human Adult	ZZ1071
Bark - Brazil	Used as a astringent, anti-inflammatory, stomachic, anthelmintic, vermifuge and antispasmodic; for diarrhea, dysentery, and hemorrhoids.	Decoction / Oral	Human Adult	ZZ1072
Bark - Brazil	Used for tonsilitis and sore throat.	Infusion / Oral	Human Adult	ZZ1002
Bark - Brazil	Used as an antispasmodic, astringent, tonic, emetic; for diarrhea, gonorrhea, and hemorrhoids. Used to reduce swelling in the feet caused by erysipelas.	Decoction / Oral Decoction / External	Human Adult	ZZ1099
Bark - Brazil	Used as an astringent and emetic; for fever, diarrhea, dystentery, blenorragia, and hemorrhoids.	Decoction / Oral	Human Adult	ZZ1079
Bark - Brazil	Used as an emetic, astringent, tonic, and stimulant; for colic, stomach problems, erysipelas, and blenorragia.	Decoction / Oral Decoction / External	Human Adult	ZZ1002
Bark - Brazil	Used as an astringent, emetic; for diarrhea, dystentery, blenorragia, and hemorrhoids.	Decoction / Oral	Human Adult	ZZ1013
Bark - Caribbean	Used as an antiviral, myorelaxant, and uterotonic.	Not stated	Human Adult	L04137 ZZ1033 ZZ1106
Bark - Colombia	Tikuna Indians use it as an contraceptive, analgesic and hemostat; for diarrhea, metrorrhagia and stomachache.	Decoction / Oral	Human Adult	L04137 ZZ1005 ZZ2007 ZZ1106
Bark - Colombia	Used as a contraceptive and for menstrual disorders.	Infusion / Oral	Human Adult	A00709
Bark - Colombia	Used for diarrhea and vaginal infections.	Not stated	Human Adult	ZZ2010

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Bark - Colombia	Used as a contraceptive.	Infusion / Oral	Human Adult	T15375
Bark - Colombia	Used as a wash for wounds.	Decoction / External	Human Adult	ZZ1005
Bark - Cuba	Used for uterine cancer.	Decoction / Douche	Human Adult	W00113 ZZ1033
Bark - Guianas	Used for coughs and colds. Used for hemorrhages and sores.	Decoction / Oral Decoction / External	Human Adult	ZZ1104
Bark - Guinea	Used for leprosy.	Decoction / External	Human Adult	W00113
Bark - Guinea	Used for coughs.	Not stated / Oral	Human Adult	A04079
Bark - Guyana	Creoles use it for diarrhea and stomachaches.	Decoction / Oral	Human Adult	L01437 ZZ1033
Bark - Haiti	Used for urethritis.	Infusion / Oral	Human Adult	T15375
Bark - Mexico	Used by the Mayas for dysentery.	Decoction / Oral	Human Adult	W01316
Bark - Mexico	Used for bladder and kidney stones.	Decoction / Oral	Human Adult	SM2001
Bark - Nicaragua	Used for fever, diarrhea and infections. Used for skin rashes and sores.	Decoction / Oral Decoction / External	Human Adult Human Adult	L17008
Bark - Nicaragua	Garifuna Indians use it for fever, infections, diarrhea and skin rashes.	Decoction / Oral	Human Adult	K27070
Bark - Peru	Shipibo-Conibo Indians use it as a cicatrizant, hemostat, astringent, vaginal wash, and antibacterial; for wounds, debility, dehydration, diarrhea and infections.	Decoction / Oral Decoction / External	Human Adult	ZZ2003
Bark - Peru	Used for vaginal infections and following an abortion or miscarriage.	Infusion / Douche	Human Adult	L17008
Bark - Peru	Used for ovarian cancer.	Infusion / Oral	Human Adult	L17008
Bark - Peru	Used as an antispasmodic, astringent, analgesic, contraceptive and stomachic; for asthma, diarrhea, vaginal infections, erythema, cysts, laryngitis, menstrual pain and psoriasis.	Infusion / Oral	Human Adult	ZZ1105
Bark - Peru	Resin extracted from the bark and used as a vulnerary and cicatrizant for wounds.	Resin / External	Human Adult	ZZ1008 ZZ1101 ZZ2011

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Bark - Peru	Used as a contraceptive.	Infusion / Oral	Human Adult	ZZ2011
Bark - Peru	Used for tuberculosis, diarrhea, and intestinal ulcers.	Decoction / Oral	Human Adult	ZZ2011
Bark - Peru	Combined with cedar, cashew, and guava leaves and used for vaginal infections and wounds.	Decoction / Douche	Human Adult	ZZ1008
Bark - Peru	Used as an astringent; for female reproductive tract and genital disorders. Used as a contraceptive.	Decoction / Oral	Human Adult	ZZ1093
Bark - Peru	Used for yeast infections, fungal infections, and skin fungi.	Decoction / Oral	Human Adult	SM2011
Bark - Peru	Powdered bark is used on the site of a snakebite.	Powder / External	Human Adult	ZZ1008 ZZ1101
Bark - Peru	Powdered bark is used as a hemostat for cuts, wounds, and hemorrhages. Used as an antiseptic wash for wounds. Taken for diarrhea and intestinal ulcers.	Powder / External Decoction / External Decoction / Oral	Human Adult	ZZ2009
Bark - Peru	Used as a hemostat and vulnerary for wounds. Used for erysipelas, leishmaniasis, and vaginal infections.	Powder / External Decoction / External	Human Adult	ZZ1101 ZZ2011
Bark - Peru	Used as an antispasmodic, contraceptive, and stomachic; for blenorrhagia, hemorrhoids, digestive problems, dermatitis, diarrhea, erythema, cysts, laryngitis, psoriasis, menstrual pain, intestinal ulcers, vaginal infections, and tuberculosis.	Decoction / Oral	Human Adult	ZZ1101
Bark - Peru	Campa-Ashaninca Indians use it as an astringent; for cutaneous leishmaniasis.	Powdered / External	Human Adult	ZZ2007
Bark - Peru	Used for wounds. Used as an antiseptic vaginal wash. Used for gastritis, dysentery, stomach pain, renal and kidney problems, hemorrhoids, blenorrhagia, herpes, diarrhea, menstrual pain, excessive menstrual bleeding, ulcers, uterine problems, and vaginal problems. Used as a contraceptive, and for internal and external hemorrhages.	Poultice / External Decoction / Douche Decoction / Oral	Human Adult	ZZ2013
Bark - Upper Volta	Used for leprosy.	Not stated	Human Adult	W00113
Bark - Venezuela	Warao Indians use it for diarrhea, cough, pertussis, stomachache, skin lesions, and dysentery.	Decoction / Oral	Human Adult	K27038

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Bark - Various	Used in the tropics as an astringent; for diarrhea, dysentery, hemorrhoids, gonorrhea and leucorrhea. Used to heal wounds.	Decoction / Oral Powder / External	Human Adult	SM2001
Stembark - Guianas	Used as a sudorific; for gonorrhea, diarrhea, stomachache, and fatigue.	Infusion / Oral	Human Adult	ZZ1104
Bark/Leaf - Belize	Used for sores, rashes, and insect stings.	Decoction / External	Human Adult	ZZ1019
Bark/Leaf - Jamaica	Used for edema.	Infusion / Oral	Human Adult	W01316
Bark/Leaf - Peru	Used for anemia.	Decoction / Oral	Human Adult	ZZ2013
Bark/Leaf - Peru	Used for diarrhea.	Decoction / Oral	Human Adult	ZZ2011
Leaf - Belize	Used for diarrhea and dysentery. Used for wounds and inflammations.	Decoction / Oral Poultice / External	Human Adult	SM2001
Leaf - Brazil	Used for gastralgia, dyspepsia, and diarrhea.	Decoction / Oral	Human Adult	ZZ1072
Leaf - Brazil	Used internally and externally as an antiviral for herpes.	Infusion / Oral Infusion / External	Human Adult	ZZ1078
Leaf - Brazil	Used for constipation, gastralgia, and laryngitis. Used for eye infections.	Infusion / Oral Infusion / Ocular	Human Adult	ZZ1099
Leaf - Brazil	Used as an astringent, antibacterial, molluscicidal, and antiviral: for angina, laryngitis, mouth inflammation, tonsillitis, prostatitis, and herpes.	Infusion / Oral	Human Adult	ZZ2005
Leaf - Brazil	Used for fever, constipation, stomach pain, childbirth complications, pain in the eye and ears, and as a stomachic and refrigerant.	Infusion / Oral	Human Adult	ZZ1079
Leaf - Brazil	Used for stomach pain, constipation, fever, cystitis, urethritis, sore throat, laryngitis.	Not stated / Oral	Human Adult	ZZ1013
Leaf - Cameroon	Used for chronic diarrhea.	Decoction / Oral	Human Adult	L15725
Leaf - Dominca	Used after childbirth to induce lactation.	Infusion / Oral	Human Adult	W01267
Leaf - Ghana	Used to stop postpartum hemorrhage.	Plant / Oral	Sheep & Goats	A04240
Leaf - Guadeloupe	Used to facilitate childbirth and speed delivery.	Decoction / Oral	Human Adult	T07660
Leaf - Guatemala	Used for gonorrhea.	Infusion / Oral	Human Adult	K27236

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Leaf - Guianas	Used for diarrhea, dysentery, and in an abortifacient preparation. Used for hemorrhages and sores.	Decoction / Oral Decoction / External	Human Adult	ZZ1104
Leaf - Ivory Coast	Used as a hemostatic.	Leaves / External	Human Adult	T15327
Leaf - Jamaica	Used as a cold remedy.	Decoction / Internal	Human Adult	W01316
Leaf - Mali	Decoction drunk or used as a lotion during the course of childbirth.	Decoction / Various	Human Adult	A00708
Leaf - Nicaragua	Used for diarrhea.	Decoction / Oral	Human Adult	K26492
Leaf - Nigeria	Used for tapeworms, malignant tumors and to aid childbirth.	Decoction / Oral	Human Adult	W00113
Leaf - Nigeria	Used as a laxative and as a child birth aid (to stop bleeding during late pregnancy, to stop bleeding, labor pains and stomach pains after childbirth).	Decoction / Oral	Human Adult	T09679 T08806
Leaf - Nigeria	Used as an oxytocic (induces childbirth) and to expel placenta.	Decoction / Oral	Human Adult	T16089
Leaf - Nigeria	Used as an abortifacient and for diarrhea.	Decoction / Oral	Human Adult	T07675
Leaf - Nigeria	Used as a febrifuge, astringent, diuretic and laxative; for cholera, thrush, gonorrhea, dizziness, cough, fever, yaws, sore throat, cough, diarrhea, tapeworm, and fever. Use for eye ailments, cuts, sore, wounds, and burns.	Decoction / Oral Infusion / External	Human Adult	SM2012
Leaf - Nigeria	Used for various nervous disorders.	Tincture / Oral	Human Adult	SM2008
Leaf - Peru	Used for postpartum infections of the uterus, yeast infections, bacterial infections, and as a childbirth aid.	Decoction / Oral	Human Adult	SM2009
Leaf - Peru	Used for heat rash.	Infusion / External	Human Adult	ZZ2009
Leaf - Peru	Used as an antiseptic wash for wounds.	Infusion / External	Human Adult	ZZ1101 ZZ1105 ZZ2011
Leaf - Peru	Used for illnesses of the throat and tonsils.	Infusion / Oral	Human Adult	ZZ1093
Leaf - Peru	Used for dysentery, diarrhea, vaginal infections, and stomach problems. Used for dermatitis, rashes and skin eruptions.	Decoction / Oral Infusion / External	Human Adult	ZZ1101 ZZ2011
Leaf - West Indies	Used for diarrhea.	Decoction / Oral	Human Adult	T00701
Leaf/Stem Guianas	Used as an eyewash.	Decoction / Ocular	Human Adult	ZZ1104

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Leaf/Flower - Various	For stomachache, biliousness, urethritis, cystitis, eye inflammation, and throat inflammation.	Infusion / Oral	Human Adult	SM2001
Fruit - Brazil	Used for angina, stomach ulcers, vaginal and uterine disorders.	Juice / Oral	Human Adult	ZZ1002
Fruit - Brazil	Eaten as a food. Used on ice creams, liqueurs, jams, etc.	Fruit / Oral	Human Adult	W04467 L04137 ZZ1039 ZZ1002
Fruit - Brazil	Fruit juice taken for fevers, cystitis, and urethritis.	Juice / Oral	Human Adult	ZZ1072 ZZ1099 ZZ1079
Fruit - Brazil	Fruit or juice taken as a heart tonic.	Fruit / Oral	Human Adult	ZZ1013
Fruit - Cameroon	Used for chronic diarrhea.	Fruit / Oral	Human Adult	L15725
Fruit - Ecuador	Eaten as a food.	Fruit / Oral	Human Adult	L14706
Fruit - Guianas	Fresh fruit eaten as a mild laxative. Stewed and eaten for diarrhea.	Fruit / Oral	Human Adult	ZZ1104
Fruit - Nigeria	Used as a febrifuge, anti-inflammatory and expectorant.	Fruit / Oral	Human Adult	T06510
Fruit - Panama	Eaten as a food.	Fruit / Oral	Human Adult	ZZ1098
Fruit - Peru	Used as a vomitive and an astringent.	Decoction / Oral	Human Adult	T15323
Fruit - Peru	Used for healing wounds.	Decoction / External	Human Adult	L12623
Fruit - Peru	Campa-Ashaninca Indians use it as tapir bait when hunting.	Fruit / Oral	Tapir	L04137 ZZ1005
Fruit - Peru	Eaten in large quantities it is vomitive. Skin of fruit is astringent. Fruit or juice taken for anemia.	Fruit / Oral Fruit skin / External Fruit / Oral	Human Adult	ZZ1101
Fruit - Peru	Eaten as a food.	Fruit / Oral	Human Adult	ZZ1105 ZZ1084 ZZ1093 ZZ2013

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Fruit - Peru	In large quantities it is an emetic. Eaten for anemia.	Fruit / Oral	Human Adult	ZZ2010
Fruit - Peru	Fruit juice taken for fevers, cystitis, and urethritis.	Juice / Oral	Human Adult	ZZ2013
Flowers - Jamaica	Used for colds.	Infusion / Oral	Human Adult	W01316
Flowers - Belize	Used as an astringent for diarrhea, gonorrhea, and sore throat.	Decoction / Oral	Human Adult	ZZ1019
Flowers - Brazil	Used as a cardiac tonic for debility, weakness, and heart palpitations.	Infusion / Oral	Human Adult	ZZ1002
Flowers - Brazil	Used for eye infections. Used heart conditions, laryngitis, children's diarrhea and as a stomachic.	Infusion / Ocular Infusion / Oral	Human Adult	ZZ1099
Flowers - Guianas	Used for mouth sores.	Infusion / Oral	Human Adult	ZZ1104
Flowers - Peru	Used for cataracts.	Infusion / Ocular	Human Adult	ZZ1101
Root+Leaf - Guatemala	Used for gonorrhea.	Infusion / Oral	Human Adult	K27236
Root - Guianas	Used for dysentery.	Infusion / Oral	Human Adult	ZZ1105
Root - Peru	Used to treat tuberculosis, diarrhea, and as a childbirth aid. Used as an adjunctive with antibiotics.	Decoction / Oral	Human Adult	L04137
Root - Peru	Used for vaginal infections and hemorrhoids.	Decoction / Not stated	Human Adult	L04137 ZZ2027 ZZ2007
Root - Peru	Used as a gastric analgesic.	Decoction / Oral	Human Adult	ZZ1101
Seed - Brazil	Used as a diuretic for urinary and bladder problems.	Infusion / Oral	Human Adult	ZZ1002
Seed - Brazil	Used for leucorrhea.	Decoction / Oral	Human Adult	ZZ1099
Gum - Various	Used as an expectorant and to expel tapeworms.	Not stated / Oral	Human Adult	SM2001
Plant - Haiti	Used as a laxative; for coughs, gonorrhea, ophthalmia, sore throat, and urethritis.	Not stated	Human Adult	ZZ1022
Plant - Panama	Cuna Indians use it for asthma, colds, and congestion.	Not stated	Human Adult	ZZ1022

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Plant - Trinidad	Used as an astringent, and gargle; for colds, diarrhea, erysipelas, nephritis, sores, sore throat, and thrush.	Not stated	Human Adult	ZZ1022
Plant - Various	Used as an analgesic, astringent, diuretic, laxative, and vermifuge; for asthma, cancer, colds, congestion, cough, diarrhea, erysipelas, fever, gonorrhea, leprosy, malignancy, nephritis, ophthalmia, sore, swelling, thrush, tumors, urethritis, and wounds.	Not stated	Human Adult	ZZ1106 ZZ1022

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