

Ethnomedical Information on Stevia (*Stevia rebaudiana*)

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Leaf Brazil	Used for diabetes and as a diuretic.	Infusion Oral	Human Adult	ZZ1081
Leaf Brazil	Used to treat diabetes, obesity, dental caries, hypertension, fatigue and depression. Used as a tonic, contraceptive, cardiogenic, to stimulate cerebral function and to regulate arterial pressure in hypertension.	Infusion Oral	Human Adult	ZZ1092
Leaf Brazil	Used as a hypoglycemic, cardiogenic and contraceptive.	Not Stated	Human Adult	ZZ1088
Leaf Brazil	Used for diabetes.	Not Stated	Human Adult	ZZ1013
Leaf Brazil	Used as a hypotensive, antiadrenergic and contraceptive.	Infusion Oral	Human Adult	ZZ1002
Leaf Brazil	Used as a sweetener and for diabetes, hypertension, infections and obesity.	Infusion Oral	Human Adult	ZZ1070
Leaf Brazil	Used for diabetes, sweet cravings, hypertension and infections.	Not Stated	Human Adult	ZZ1016
Leaf + Stem Brazil	Used for gastric defect and wounds.	Infusion Oral	Human Adult	BO1002
Aerial Parts Paraguay	Used as a contraceptive.	Hot H2O Ext Oral	Human Female	T08101
Leaf Paraguay	Used for diabetes.	Hot H2O Ext Oral	Human Adult	A07092
Leaf Paraguay	Used to prevent pregnancy.	Hot H2O Ext Oral	Human Female	T01719
Leaf Paraguay	Described as having sweet properties in 1899.	Leaves Oral	Human Adult	A01574
Leaf Paraguay	Used for its sweetening properties; documentation of use as early as 1845.	Leaves Oral Leaves Oral	Human Adult Human Adult	K08407 T02070
Leaf Paraguay	Used as a sweetening agent.	Leaves Oral	Human Adult	T08101
Leaf Paraguay	Advocated for use in diabetes.	Hot H2O Ext Oral	Human Adult	N15780
Leaf Paraguay	Used occasionally to sweeten mate drink.	Leaves Oral	Human Adult	N15780
Leaf Paraguay	Used for diabetes and as a contraceptive.	Not Stated	Human Adult	ZZ1060
Leaf + Stem Paraguay	Used as a contraceptive.	H2O Ext Oral	Human Female	A04307

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Leaf South America	Used as a sweetening agent. Used for obesity, diabetes, hypertension and infections.	Not Stated	Human Adult	ZZ1015
Leaf USA	Used as a sweetener, hypoglycemic and hypotensive for diabetes, hypertension and infections such as <i>Candida albicans</i> .	ETOH Ext Oral	Human Adult	ZZ1014
Leaf USA	Used for diabetes. Considered a hypoglycemic, hypotensive, taste improver and vasodilator.	ETOH Ext Oral	Human Adult	BO1001
Leaf Not Stated	Used for hypertension, diabetes and as a contraceptive.	Not Stated	Human Adult	ZZ1102
Not Stated	Used as a contraceptive and sweetener.	Not Stated	Human Adult	ZZ1022

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